



YOGA Class Schedule

April 2019

Lunenburg County YMCA

75 High St, Bridgewater

B4V 1V8

T.902-543-9622

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 7:00pm-8:00pm Amanda Hobart (LCLC)	2 11:00am-12:00pm Katerina (Studio)	3 8:00am-9:00am Katerina (Studio)	4 11:00am-12:00pm Pam Greer (Studio)	5	6 10:30am-12:00pm Kendra Breen (Gymnasium)
7	8 7:00pm-8:00pm Amanda Hobart (LCLC)	9 11:00am-12:00pm Katerina (Studio)	10 8:00am-9:00am Katerina (Studio)	11 11:00am-12:00pm Pam Greer (Studio)	12	13 10:30am-12:00pm Amanda Hobart (Gymnasium)
14	15 7:00pm-8:00pm Nancy Muckle (LCLC)	16 11:00am-12:00pm Katerina (Studio)	17 8:00am-9:00am Katerina (Studio)	18 11:00am-12:00pm Pam Greer (Studio)	19	20 10:30am-12:00pm Pam Greer (Gymnasium)
21	22 7:00pm-8:00pm Nancy Muckle (LCLC)	23 11:00am-12:00pm Katerina (Studio)	24 8:00am-9:00am Katerina (Studio)	25 11:00am-12:00pm Pam Greer (Studio)	26	27 10:30am-12:00pm Amanda Hobart (Gymnasium)
28	29 7:00pm-8:00pm Nancy Muckle (LCLC)	30 11:00am-12:00pm Katerina (Studio)				

Building healthy communities