



YOGA Class Schedule

March 2019

Lunenburg County YMCA

75 High St, Bridgewater

B4V 1V8

T.902-543-9622

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 10:30am-12:00pm Kendra Breen (Studio)
3	4 7:00pm-8:00pm Amanda Hobart (LCLC)	5 11:00am-12:00pm Katerina (Studio)	6	7 11:00am-12:00pm Pam Greer (Studio)	8	9 10:30am-12:00pm Betty-Jean Aucoin (Gymnasium)
10	11 7:00pm-8:00pm Amanda Hobart (LCLC)	12 11:00am-12:00pm Katerina (Studio)	13	14 11:00am-12:00pm Pam Greer (Studio)	15	16 10:30am-12:00pm Pam Greer (Gymnasium)
17	18 7:00pm-8:00pm Amanda Hobart (LCLC)	19 11:00am-12:00pm Katerina (Studio)	20	21 11:00am-12:00pm Pam Greer (Studio)	22	23 10:30am-12:00pm Kendra Breen (Gymnasium)
24	25 7:00pm-8:00pm Amanda Hobart (LCLC)	26 11:00am-12:00pm Katerina (Studio)	27	28 11:00am-12:00pm Pam Greer (Studio)	29	30 10:30am-12:00pm Pam Greer (Gymnasium)

Building healthy communities