



# NSCC Gym Schedule

March 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> Open Gym 6:00am-11:30am Open Gym 1:30pm-3:30pm Youth Zone 5:30pm - 10:00pm	<b>2</b> Open Gym 8:00am-10:15am Yoga 10:30am-12:00pm Open Gym 12:15pm-1:15pm Pickleball 1:30pm-3:30pm Cricket 4:00pm-5:30pm
<b>3</b> Open Gym 8:00am-12:45pm Youth Badminton 1:00pm-4:00pm Open Gym 4:15pm-6:00pm	<b>4</b> Open Gym 6:00am-11:30am Open Gym 1:30pm-3:30pm	<b>5</b> <b>CLOSED</b>	<b>6</b> <b>CLOSED</b>	<b>7</b> <b>CLOSED</b> 6:00pm - 8:00pm Youth Basketball	<b>8</b> Open Gym 6:00am-11:30am Open Gym 1:30pm-3:30pm Youth Zone 5:30pm - 10:00pm	<b>9</b> Open Gym 8:00am-10:15am Yoga 10:30am-12:00pm Open Gym 12:15pm-1:15pm Pickleball 1:30pm-3:30pm Cricket 4:00pm-5:30pm
<b>10</b> Open Gym 8:00am-12:45pm Youth Badminton 1:00pm-4:00pm Open Gym 4:15pm-6:00pm	<b>11</b> Open Gym 6:00am-11:30am Open Gym 1:30pm-3:30pm Zumba 6:00pm-7:00pm Open Gym 7:00pm-10:00pm	<b>12</b> Open Gym 6:00am-11:30am Open Gym 1:30pm-3:30pm Youth Badminton 6:00pm-8:00pm Open Gym 8:00pm-10:00pm	<b>13</b> Open Gym 6:00am-11:30am Open Gym 1:30pm-3:30pm Open Gym 5:30pm-10:00pm	<b>14</b> Open Gym 6:00am-11:30am Open Gym 1:30pm-3:30pm Youth Basketball 6:00pm - 8:00pm	<b>15</b> Open Gym 6:00am-11:30am Open Gym 1:30pm-3:30pm Youth Zone 5:30pm - 10:00pm	<b>16</b> Open Gym 8:00am-10:15am Yoga 10:30am-12:00pm Open Gym 12:15pm-1:15pm Pickleball 1:30pm-3:30pm Cricket 4:00pm-5:30pm
<b>17</b> Open Gym 8:00am-12:45pm Youth Badminton 1:00pm-4:00pm Open Gym 4:15pm-6:00pm	<b>18</b> Open Gym 6:00am-11:30am Open Gym 1:30pm-3:30pm Zumba 6:00pm-7:00pm Open Gym 7:00pm-10:00pm	<b>19</b> Open Gym 6:00am-11:30am Open Gym 1:30pm-3:30pm Youth Badminton 6:00pm-8:00pm Open Gym 8:00pm-10:00pm	<b>20</b> Open Gym 6:00am-11:30am Open Gym 1:30pm-3:30pm Open Gym 5:30pm-10:00pm	<b>21</b> Open Gym 6:00am-11:30am Open Gym 1:30pm-3:30pm Youth Basketball 6:00pm - 8:00pm	<b>22</b> Open Gym 6:00am-11:30am Open Gym 1:30pm-3:30pm Youth Zone 5:30pm - 10:00pm	<b>23</b> Open Gym 8:00am-10:15am Yoga 10:30am-12:00pm Open Gym 12:15pm-1:15pm Pickleball 1:30pm-3:30pm Cricket 4:00pm-5:30pm
<b>24</b> Open Gym 8:00am-12:45pm Youth Badminton 1:00pm-4:00pm Open Gym 4:15pm-6:00pm	<b>25</b> Open Gym 6:00am-11:30am Open Gym 1:30pm-3:30pm Zumba 6:00pm-7:00pm Open Gym 7:00pm-10:00pm	<b>26</b> Open Gym 6:00am-11:30am Open Gym 1:30pm-3:30pm Youth Badminton 6:00pm-8:00pm Open Gym 8:00pm-10:00pm	<b>27</b> Open Gym 6:00am-11:30am Open Gym 1:30pm-3:30pm Open Gym 5:30pm-10:00pm	<b>28</b> Open Gym 6:00am-11:30am Open Gym 1:30pm-3:30pm Youth Basketball 6:00pm - 8:00pm	<b>29</b> Open Gym 6:00am-11:30am Open Gym 1:30pm-3:30pm Youth Zone 5:30pm - 10:00pm	<b>30</b> Open Gym 8:00am-10:15am Yoga 10:30am-12:00pm Open Gym 12:15pm-1:15pm Pickleball 1:30pm-3:30pm Cricket 4:00pm-5:30pm
<b>31</b> Open Gym 8:00am-12:45pm Youth Badminton 1:00pm-4:00pm Open Gym 4:15pm-6:00pm	Notes: Members are welcome to use the Gymnasium during "Open Gym" times, all other times, it will be unavailable to members unless the regular scheduled program is not running at that time. Please check at the Welcome Desk for changes to this schedule. You can borrow equipment at the Welcome Desk or bring your own!					