

**YMCA of Southwest Nova Scotia  
Board Meeting  
South Shore Regional Hospital Board Room**

**Wednesday, February 17<sup>th</sup> , 2016**

Present

Harland Wyand  
Elspeth McLean-Wile  
John Wright  
Ken Smith  
Beth Earle  
Brenda Peters  
Lawrence Garner  
Brit Mathisen  
Alan McMullin  
Louis Tousignant  
Yvonne Smith – CEO

Absent

Matt Naugler  
Jill Sutherland - CFO

1. Beth took the chair in the absence of Elspeth and called the meeting to order at 6:00 p.m.
2. A motion to approve the agenda was made by Louis, seconded by Lawrence and carried. Regrets were received from Matt and Jill.
3. The chair invited approval of the minutes of the Board for the January meeting. Moved by John, seconded by Ken and carried.
4. (a) Lawrence reported on of the work of the Human Resources Committee at the last meeting . He indicated that he will have more to report at the meeting in March. Yvonne added comments regarding a recent meeting of the Y`s of Nova Scotia and the work underway there.  
  
(b) On the subject of Occupational Health and Safety, Yvonne has looked at what is required for Y`s, reviewed our present situation and noted the need for a clear policy. She is working on our annual calendar and will undertake to furnish guidelines for going forward. That way we can come together for further planning in a few month`s time. In the meanwhile we may assume that all required procedures will be met and all legislation regarding OHS will be followed. The Audit Committee oversees OHS.  
  
(c) The CEO`s performance goals have been reviewed by Matt and Elspeth. Elspeth proposed that Krista Harding BBA,CPA,CMA, Executive Director of South Shore Opportunities and who is not part of the Y be approached to provide the Board and Yvonne with strategic goals and local mentorship.  
  
(d) The Joint Services Committee will meet next on April 6<sup>th</sup> at Cornwallis and will continue our common journey as we grow closer together.

5. In her report to the Board Yvonne provided a written Management Report (January February 2016) and took us through the report which featured four specific headings: Program and Facility Development, Partnership Development, Philanthropy and Communications.
6. (a) In giving her report on the work of the Audit Committee Beth made mention of the Imagine Canada and its excellent work on Governance and Risk Assessment which is most helpful to the Committee. The Board has already declined to attempt the process of accreditation at this time. In the absence of Jill, Yvonne reported that the Annual Audit is well underway and is on schedule. In order that our auditor can report to the Board in March we agreed to postpone our regular meeting date to March 23<sup>rd</sup>.  
  
(b) Ken and Alan who members of the Nominating Committee assured the Board that their work is well underway and they plan to be ready with a proposed slate of members including one or two exciting additions for the AGM in April.
7. Elspeth recently attended a governance workshop and shared her thoughts on the matter of governance within the work of our Board including proposals for an updated strategic plan.
8. The Board then went `in camera` for the customary session. After some discussion the Board voted to `come out` of the `in camera` session in order that the CEO could take part in the discussion regarding future plans.
9. Upon a motion of adjournment by Louis we then stood adjourned.