

# This door will be locked at all times

## Access Guidelines

### **Ages 11 & Younger**

Permitted as Child Care or  
Youth Program participant

### **Ages 12 & Older**

Permitted in the Wellness Centre, Aerobic  
Studio and other program areas

*We recommend consulting with a YMCA Wellness Leader to  
review our **Member Etiquette** and **Best Practices** at any age!*



**Visitors** and **Members** are required to  
present **YMCA** or **government-issued ID**